



Nature's Answer to Cancer

Release your inner healing, naturally!



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Cancer and Win!"

Story Ideas

Survival in the Grocery Store Jungle

Grab a cart and come along with Kim as she walks through the grocery store aisles highlighting readily available cancer-fighting foods for participants. Kim provides tips on choosing foods that fight—and avoiding ones that fuel—cancer.

Cook and Serve It Up!

Kim can join forces with a personal chef from your local community to create interactive cooking and taste-testing demonstrations. See example [here](#).

Beyond Menu Madness

Using time-friendly, client-approved tactics, Kim lays out successful strategies for serving up nutritious, appealing meals that will satisfy the whole family.

Why Your Mother Was Right!

Kim describes the power of plant chemicals, where to get them, what they do, and how they work to significantly impact health. Broccoli will never look the same again!

What To Eat Now

Cancer survivors want to know what they can do after they leave the oncologist's office. A top ten power foods list rounds out Kim's key strategies to choosing foods that will boost immunity and decrease risk of recurrence.

Fad Fiction

Diet fads come and go. So do research findings. Let Kim give you the latest scoop on distinguishing between foods that are brimming with health from those that are full of hype.